

# Parks Sport and Recreation



## When arriving home:

- Hold off on the hugs
- Leave clothes, shoes, workbags in a container or plastic bag at the entrance
- Take a hot shower
- Launder clothing normally



## Stay home if you have:

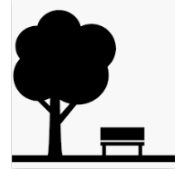
- A fever
- A cough
- Shortness of breath
- Sneezing or a runny nose



**Building access** only access authorised areas.  
**Clean hands** when entering building

## Working on park

- **Minimise travel** and focus work in assigned geographical area
- Follow **lone worker** procedure



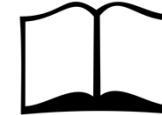
**COVID-19**  
Returning to depots & council buildings



**Reduce numbers of people** per vehicle. Aim to maintain 1m distance and minimise exposure time

## Leaving the building

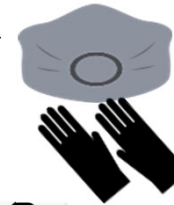
take everything you brought into the office with you when you leave



**Sign in and out of site** using site register  
**Ensure** your contact diary is kept up to date

## Wash hands often with soap and water

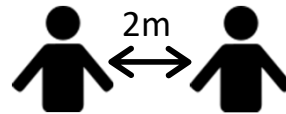
**Use** hand sanitiser if washing facilities are not available



**Wear** suitable gloves and masks if:  
• not able to maintain **1m** physical distancing **or**  
• in physical contact with persons and there is a risk of contact with body fluids

**Ensure** equipment (inc vehicle interiors) is cleaned and disinfected prior to use

**Cough or sneeze** into your elbow if tissues are not available



**Maintain 2m** distance from others (reduced 1m controlled environments)



**Work stations** wipe down high contact surfaces each day before and after use. Try to only use the **printer** once per day. Minimise amount of time spent in office and try to work from home

**Put used tissues** in a bin or bag immediately

**Don't** touch eyes, nose or mouth if your hands are not clean